

# LINCOLN MIDDLE SCHOOL JANUARY 2024

MON

TUE

WED

THU

FRI



Meals include  
choice of assorted  
fruits +  
vegetables, and  
milk choices

Alternate to main  
entree  
Daily:

Uncrustable+ yogurt  
or cheesestick OR  
Turkey + cheese deli  
sandwich

Tuesday + Thursday  
Hamburger

\*Contains pork

Breakfast: \$2.25

Lunch: \$3.35

Adult prices:  
Breakfast \$2.75  
and Lunch \$4.75

Menus may vary based  
on product availability.  
WA Wednesday features  
vary by product  
availability

**Nutrition Services**

**Contact:**

**509-332-5179**

nutrition@psd267.org

**Know your Farmer, Know Your Food Taste Test with Courage to Grow Farms: Microgreens**

Visit [www.pullmanschools.org](http://www.pullmanschools.org) for more info!

**Menu Highlights: Cougar Gold Mac + cheese is back!! New pasta dish cheeseburger penne!**

**Friday Try-days Everyone can have a bite size sample of a new food every Friday!**

8 Domino's Smart Slice Pizza Cheese or Pepperoni* Breadstick + marinara sauce	9 Cheese Zombie Sandwiches and Tomato soup	10 <b>WA Wednesday!</b> Pasta with Italian Meat sauce + breadstick <b>WA Apple or Pear or Dried cherries</b>	11 Breaded chicken Drumstick, mashed potatoes Biscuit	Chicken Nuggets + breadstick Oven Roasted potatoes 100% juice
15 	16 French Toast Turkey sausage or egg patty Hashbrown Potatoes Cinnamon Applesauce	17 <b>WA Wednesday!</b> Chicken Alfredo + Breadstick <b>WA apple or pear or dried cherries Roasted chickpeas</b>	18 Spartan Bowl: Popcorn chicken, mashed potatoes, corn, biscuit	19 Hot Dog on a Bun Baked Beans 100% juice Chocolate Pudding
22 BBQ Beef Rib Patty Sandwich Tater tots Strawberry cup	23 Soft Beef Taco Refried beans, tortilla chips, + salsa	24 <b>WA Wednesday!</b> <b>Cougar Gold</b> Macaroni + Cheese (Breadstick <b>WA apple or pear snickerdoodle hummus with Scooby Snack</b>	25 Teriyaki Beef Dippers+ Rice Broccoli Pineapple Chocolate Pudding	26 Chicken Patty Sandwich Oven roasted Potatoes 100% juice
29 Chicken + Waffle Cinnamon Applesauce	30 Nachos with Beef and Cheese Seasoned beans	31 <b>WA Wednesday!</b> Cheeseburger Penne Pasta + Breadstick <b>WA apple or pear or dried cherries Roasted chickpeas</b>	1 Yang's Mandarin Chicken with rice Broccoli Chocolate pudding	2 Corndog ( chicken) Berry cup Oven Roasted potatoes 100% juice

**This institution is an equal opportunity provider**